

Yoga, an ancient tradition of India : Chief Minister

India acclaimed in the world as a spiritual country

Yoga makes a person healthy inside out

**Chief Minister blessed a 72-member student
delegation of City Montessori School headed to New York**

Lucknow : 18 May, 2017

Uttar Pradesh Chief Minister Yogi Adityanath ji has said that Yoga was an ancient tradition of India and added that the identity of India across the world was that of a spiritual nation. Yoga, he further pointed out, was a rare gift of the Rishi tradition, which made a person healthy inside out.

It was only a healthy person who can contribute positively to a society, the Chief Minister remarked while pointing out how the efforts of Prime Minister Mr. Narendra Modi had given international identity to Yoga.

Yogi ji made these statements while meeting a 72-member student delegation of the City Montessori School which is headed for New York to take part in the third International Yoga Day festivities there on June 21, 2017.

Blessing the students at his official residence before they leave for New York, the Chief Minister said Yoga can make people healthy and disease free. The student delegation will represent India at the Yoga camp in New York on occasion of the International Yoga Day. Yogi ji further told the students to present Yoga to the best of their abilities at the New York event.

Also present during the meeting were MoS, Mr. Dharam Singh Saini, MoS Mr. Mohsin Raza, Principal Secretary (Information) Mr. Avanish Kumar Awasthi, founder of the CMS Mr. Jagdish Gandhi and others.
